

- 1) **HEARTWORM**: I recommend the Carmel Mountain Ranch Vet Clinic for your dogs medical needs. I also recommend getting a heartworm test and then putting your pet on **REVOLUTION** since it prevents the following in one application vs. many different applications: fleas, ticks, ear mites, some parasites and heartworm. This application is applied once a month so mark it on your calendar. I usually see Dr. Dembinski and she is the vet who has seen most of the Rescue Dogs in the past.
- 2) **FOOD**: Dick Van Patten's **NATURAL BALANCE** in dry, cans and meat stick (for training and treats). Very good food and a fair price. When you are ready to switch foods (you should do every 6 months or so), I recommend **Avo Derm**, Innova, California Natural and Wellness for dry and can. All can be bought at ***Kahoots*** and the underlined foods can be purchased at ***Petco*** **TREATS** should be anything by ***Old Mother Hubbard*** brand which can also be found at Petco and Kahoots. **Only buy your pet's food from a Pet Store!!**
- 3) Your dogs eats once a day in the morning. He gets about 2 1/2 to 3 cups of dry food and half a can of wet food. I smash down the wet food flat and then pour two to three teaspoons (depending on weight of dog) of **MISSING LINK PLUS** over his wet food. (This is the food supplement that will greatly help hips and joints). After he eats, he should have an hour of "quite" time. After dogs eat they should limit any exercise or water for an hour, this greatly reduces the chances of BLOAT. REFRIGERATE after opening.
- 4) You can purchase Missing Link Plus, Kongs, Nylabones (Galileo Bone), Revolution, dental chews (dental chews are much safer on a dogs stomach then rawhide chews), shampoo, etc. on the following web site: **kvvet.com** and also request a catalog which is a bit easier to see everything that you might want to order.
- 5) **BEDDING**: You can purchase a great bed with a removable lining from Costco for \$18.99 or so. A GREAT deal, I have never found one for less.
- 6) **CRATE**: A crate is a great way to keep your pet safe when you have visitors over or just want to keep him safe if you need to leave the door open, etc. This will be his favorite place with a nice bed in it. Dogs are den animals and enjoy feeling safe in their bed. I would recommend putting his crate in the family room or where ever the family hangs out. He will feel like part of the family and will just go to sleep in his crate when he is ready. I recommend the Precision crate as it is the best price for the money and has two doors for convenience.
- 7) **LEASH**: Petco has a very large variety. I recommend a 6' leash.

- 8) Take your pet out several times a day to do his business and then praise him when he completes his mission. I recommend taking him out on a leash and over to where you want him to eliminate, then lots of praise. He will quickly learn that that is where you want him to eliminate.
- 9) Right before we go to bed take your pet out for one last potty break, then he is ready for bed.
- 10) First thing in the morning take your pet out to do his business. Again, take him out on a leash and over to where you want him to eliminate, then lots of praise. Your pet usually gets up around 7:30 to 8:00 am but if your pet needs to go earlier, he will bark or moan. NOTE: The later at night you take him out before bedtime, the later he will be able to go without going out again.
- 11) Your pet should have a bath once a week. You should use oatmeal shampoo or something that will help his coat stay nice and removes any itch.

### **Vet Recommendations**

Carmel Mountain Ranch Vet Clinic  
Dr. Grey and/or **Dr. Dembinski**  
11925 Carmel Mtn. Rd., Suite 802  
San Diego, CA 92128  
**858-592-9779**

Animal Medical Center (AMC)  
600 Broadway  
El Cajon, CA 92021  
**619-444-4246**

### **TRAINERS**

**Colleen Demling**  
**858-414-7797**

Colleen provides private lessons and comes to your home. She has agreed to reduce her hourly rate for any dog that has been adopted thru our rescue. She uses a variety of training methods with positive reinforcement.

**Darrell Weber**    **35 years experience**  
**760-738-0626**    **Excellent Trainer**

Corner of East Valley Parkway and Ash in Escondido  
Behind McDonalds in the parking lot of a Golf Shop  
Directions: 15 south to the Valley Parkway Exit (East) which is left from your direction. At the split in the road, stay left and continue till you see a McDonalds on Ash Street, turn left and flip a U turn and come back into the back side of the McDonalds parking lot. (you will see lots of dogs.)