

- 1) **HEARTWORM**: I recommend the Carmel Mountain Ranch Vet Clinic or Animal Medical Center for your dog's medical needs. I also recommend getting a heartworm test and then putting your pet on **REVOLUTION** since it prevents the following in one application vs. many different applications: fleas, ticks, ear mites, some parasites and heartworm. This application is applied once a month so mark it on your calendar. I usually see Dr. Dembinski and she is the vet who has seen most of the Rescue Dogs in the past.
- 2) **FOOD**: Puppy Food until they are 12 months old Use Dick Van Patten's meat stick (for training and treats). Very good food and a fair price. Puppy Food: Chicken Soup for the Puppy Lover's Soul, Innova Puppy are the best. A blander puppy food would be Nutro Puppy in the white bag with green on it. When you are ready to switch to adult food, I recommend Chicken Soup for the Dog Lover's Soul, Canidae, Innova, California Natural, and Dick Van Patten's Natural Balance and Wellness for dry and can. All can be bought at ***Kahoots*** and the underlined foods can be purchased at ***Petco***. **TREATS** should be anything by ***Old Mother Hubbard*** brand which can also be found at Petco and Kahoots. **Only buy your pet's food from a Pet Store!!**
- 3) Your puppy eats two to three times a day depending how old he/she is. He gets about 1/2 - 1 cup of dry food and a tablespoon or two of wet food. I smash down the wet food flat and then pour two to three teaspoons (depending on weight of dog) of **MISSING LINK PLUS** over his wet food. (This is the food supplement that will greatly help hips and joints). After he eats, he should have an hour of "quiet" time. After dogs eat they should limit any exercise or water for an hour, this greatly reduces the chances of BLOAT. REFRIGERATE after opening.
- 4) You can purchase Missing Link Plus, Kongs, Nylabones (Galileo Bone), Revolution, dental chews (dental chews are much safer for a dog's stomach than rawhide chews), shampoo, etc. on the following web site: **kvvet.com**. You can also request a catalog, which makes it a bit easier to find everything that you might want to order.
- 5) **BEDDING**: You can purchase a great bed with a removable lining from Costco for \$18.99 or so. A GREAT deal, I have never found one for less.
- 6) **CRATE**: A crate is a great way to keep your pet safe when you have visitors over or just want to keep him safe if you need to leave the door open, etc. This will be his favorite place with a nice bed in it. Dogs are den animals and enjoy feeling safe in their bed. I would recommend putting his crate in the family room or where ever the family hangs out. He will feel like part of the family and will just go to sleep in his crate when he is ready. I recommend the **Precision crate** as it is the best price for the money and has two doors for your convenience.

- 7) **LEASH:** Petco has a very large variety. Those extension leashes might be fun in a large yard area to allow full control, but fun for puppy.
- 8) Take your pet out several times a day to do his business and then praise him when he completes his mission. I recommend taking him out on a leash and over to where you want him to eliminate, then lots of praise. He will quickly learn that that is where you want him to eliminate.
- 9) Right before we go to bed take your pet out for one last potty break, then he is ready for bed.
- 10) First thing in the morning take your pet out to do his business. Again, take him out on a leash and over to where you want him to eliminate, then lots of praise. Your pet usually gets up around 7:30 to 8:00 am but if your pet needs to go earlier, he will bark or moan. **NOTE:** The later you take him out before bedtime, the later in the morning he will be able to stay in his crate without going out again.
- 11) Your pet should have a bath once a week. You should use oatmeal shampoo or something that will help his coat stay nice and prevent any itching.

VET RECOMMENDATIONS

Carmel Mountain Ranch Vet Clinic
Dr. Grey and/or **Dr. Dembinski**
11925 Carmel Mtn. Rd., Suite 802
San Diego, CA 92128
858-592-9779

Animal Medical Center (AMC)
600 Broadway
El Cajon, CA 92021
619-444-4246

TRAINERS

Colleen Demling
858-414-7797

Colleen provides private lessons and comes to your home. She has agreed to reduce her hourly rate for any dog that has been adopted thru our rescue. She uses a variety of training methods with positive reinforcement.

Darrell Weber 760-738-0626 Heath Farthing 760-497-7928

Lisa Dennis 760-434-2541

ITEMS TO PURCHASE TODAY FOR YOUR PUPPY

- *Two stainless steel non tip bowl*
- *Sheep skin oval beds at Petco for ~\$9.00*
- *Puppy Food*
- *Puppy Collar with leash to fit*
- *Name Tags with YOUR name, address and phone numbers*
- *Flexible Nylabone(s) yellow broth collar (NO CHOCOLATE FLAVORS)!!!!*
- *Small red Kong*